



Zwingli United Church of Christ

Celebrating and Sharing God's Love

Zwingli Hill News

April 2019

Vol. 57 No. 3

Easter is not merely an event of long ago. It is not only the celebration of the divine desire to be at one with humankind. It is not only the renewal of the cosmos. Nor is it simply our kindled hope for what is promised us. Easter is also realized when we are most fully alive and aware of all that is. A former bishop of Romania has been quoted as saying, "If we only knew the truth of it we would know that each day is Easter."

---Wendy M. Wright in The Rising

As I write this article, *March Madness* is gearing up for the sweet sixteen and beyond. The men's Division I NCAA Basketball tournament has not always been known this way, but since 2010-2011, *March Madness* is on the lips of many a basketball sports fan. It's big and dominates the airwaves, streaming and social media for about a month with forecasts, reporting, analysis, and oh yeah, the actual games. I love the NCAA basketball tournament – though it's gotten way too commercial - and love to root for my favorite team(s). I even follow the Division III NCAA tournament, with another alma mater, Randolph-Macon, making it to the sweet sixteen this year before an excruciating one-point loss to eventual national runner-up Swarthmore. Once the tournaments are over, we congratulate the winners and even praise those who lost before the final (like UCF!). But, then we quickly move on. In fact, the very next day it's as if the champion is forgotten as prognosticators begin predicting which team will be number one next year. Though I enjoy the tournament, and bleed Duke Blue, being a basketball fan is just a tiny part of who I am, and little reflects my deepest beliefs and values.

There's another spring occasion that has been around for thousands of years that we also celebrate and prepare for. It directs our faith life from Ash Wednesday until the day of resurrection. As we celebrate Easter later this month I am reminded not only of what this "day" means to us as Christians, but that Easter is to become a part of us. In other words, Easter is not just a celebration, or simply a yearly occasion or event, but is an attitude, an outlook (or way of seeing) - a way of life. It is, for Christians, to reflect some of our deepest beliefs and values. As the former bishop of Romania proclaimed, *if we only knew the truth of it we would know that each day is Easter.*

Essential to such an attitude and way of life, of being an "Easter people," is our ability to live in community. In the book *Life Together*, Dietrich Bonhoeffer describes his experience of Christian community while part of an underground seminary during the Nazi occupation of Germany. The manuscript begins with a passage from the Psalms: "Behold, how good and how pleasant it is for [God's people] to dwell together in unity." (Psalm 133: 1). He then goes on to describe the grace and joy that one receives from living in Christian community and gives practical advice on how life together in Christ can be sustained.

As we live out our church life in this Easter season and beyond, I am inspired by Bonhoeffer's attention to the importance of community for passionate faith and life. Being in community can feed our souls, challenge our perspective and help keep our eyes and hearts focused on others and the needs of others. When we participate in the ministry and life of the church, or immerse ourselves in a vision for Zwingli's future; when we pray together and celebrate communion or welcome others, it is by God's grace – a grace that heals and nurtures us, and forms us into community. When we develop relationships with sister churches and reach out in ways to the community and world around us, we begin to see just how expansive God's grace is, and how blessed we are to be a part of God's unending Easter life.

As we journey toward Easter Sunday may each of us examine our hearts to discover how we can be a part of our life together, so that Easter becomes a part of us. And may we, as this community of faith, continue to celebrate and follow in the way of the risen Christ throughout our days as we worship, pray, fellowship, learn and serve.

Peace,

Pastor Butch

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God so loved the world

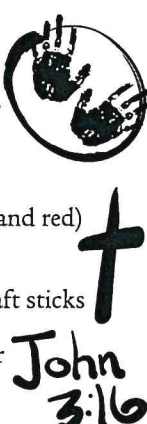
Remember God's special gift of Jesus by making this craft.

What you need:

- Large piece of blue paper
- Large bowl
- Pencil
- Scissors
- Paint (green and red)
- Paintbrush
- Wet wipes
- 3 wooden craft sticks
- Craft glue
- Black marker
- Bible

What you do:

1. On the paper, trace around the bowl. Cut out the circle.
2. Paint your palms green, one at a time, and press them in the circle side by side. (Clean your hands with wet wipes.)
3. Dip a finger in red paint and make a dot on the center of each handprint.
4. Between the handprints, glue two sticks end to end vertically. Glue the third stick horizontally to make a cross.
5. In marker, write the words of John 3:16 around the blue circle.




John 3:16


PUZZLE


Jesus gives us life


Through his death and resurrection, Jesus offers the free gift of eternal life.


Directions: Match each clue from Holy Week with the correct image. If you get stuck, look up the Bible verses.


People spread these on the road for Jesus. (Matthew 21:8) 


Mary pours this on Jesus' feet. (John 12:3) 


Jesus shares this with his disciples. (Matthew 26:26) 


This is placed on Jesus' head. (John 19:2) 


Soldiers may have used these to compete for Jesus' coat. (John 19:23-24) 


Jesus carries this himself for a while. (John 19:17) 


Marks caused by these help Thomas identify Jesus. (John 20:25) 

While on the cross, Jesus is thirsty and is given this. (John 19:28-29) 

This is rolled away from Jesus' tomb. (John 20:1) 

These are used to prepare Jesus' body for burial. (Luke 23:55-56) 

These remain in the tomb after Jesus rises. (John 20:6-7) 

Judas betrays Jesus for this. (Matthew 26:14-15) 

Answer: palm branches, perfume, bread, crown of thorns, dice, cross, nails, vinegar on a sponge, stone, spices, linens, silver coins



EASTER EGG HUNT

On April 13th we'll be holding our annual Easter Egg Hunt! This event is designed for children through fifth grade and will include crafts, a small scavenger hunt and of course, the egg hunt! We will also have a visit from the Easter Bunny, so don't forget your cameras! There will be time after the egg hunt to have your picture taken with the Easter Bunny! The event kicks off at 10 am. We hope to see you there!

LOOKING FOR EGG HUNT VOLUNTEERS

The Educators are looking for volunteers to help with Zwingli's Annual Easter Egg Hunt. This year the egg hunt will be held on Saturday, April 13. We're in need of egg hidiers as well as folks to help at activity stations and to lead groups out to the egg hunt areas. For more information, please see one of the Educators: Nikki Bechtel, Monica Jalboot, Erin Chalmers or Jen Smeed. You can sign up on the Christian Education bulletin board. Thank you!



Worship Schedule for Holy Week

We are deeply grateful for the various opportunities to widen our own sense of worship and to experience the ecumenical cooperation with our neighbors and friends at Emmanuel Lutheran and Trinity UCC.

Our lives are busy and consistent and attendance at mid-week services can be challenging. However, as Lent draws to a close and we anticipate Easter, please make every effort to join us for these special services. Let us come together as a people of God and experience all that Lent offers.

Maundy Thursday @ Zwingli UCC

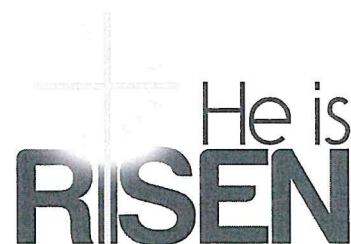
April 18 at 7pm

*Foot Washing, Healing Prayer/Anointing,
Sacrament of Holy Communion*

Good Friday @ Zwingli UCC

April 19 at 7pm

Tenebrae Service



EASTER SUNDAY – ZWINGLI UCC

April 21

6 am and 9 am

Sacrament of Holy Communion

EASTER VIGIL SIGN UPS

The Sign Up Genius for our Easter Prayer Vigil is live! The Vigil goes from 8 pm on Good Friday (4/19) until 6 am on Easter Sunday (4/21). The vigil will be held in the Chapel, which will be locked for the full 34 hours. You will need to knock on the door and the person scheduled before you will open the door for you. Anyone under the age of 18 must be accompanied by an adult. If you are over 18, but want to attend at the same time as a friend or family member, feel free to make those arrangements with that person.

Prayer materials will be provided for your use if you are interested in using them during your time at the Vigil. You can sign up by following this link <https://www.signupgenius.com/go/9040549afaa2aa20-easter4> or after church in the Atrium on Sundays in April.



SUNRISE SERVICE CHANGE OF LOCATION!

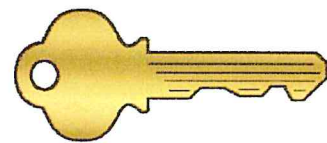
This year's Sunrise Service (weather and ground conditions permitting), will take place at the fire pit and cross behind our parking lot. Please dress accordingly for weather and ground conditions.

EASTER BREAKFAST FOLLOWING THE SUNRISE SERVICE

Please join us for an Easter Breakfast in the Family Life Center Following the Sunrise Service. Keep an eye on the Bulletin Board for a sign-up sheet. Thank you to the Shepherds for hosting!

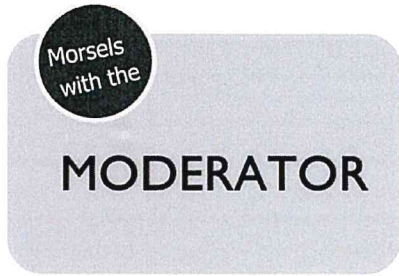
SUNRISE SERVICE PLANNING

The youth are meeting each Sunday from now until 4/14/19 to plan for the Sunrise Service in the youth rooms. Our theme is being built around the idea of fire and how it relates to the Easter themes of light and renewal. We hope you can join us!



CHURCH KEY

Do you have a key to the church? If so, please help with our security and make sure that the doors are locked when you leave, even though it might not be your turn. If you have a key that you no longer use or really don't need, please return it to the office.



Morsels with the Moderator will meet in Room 3, the second room on the right in the Education Wing, on the fourth Sunday of each month during the Sunday School hour. Do you have questions about the life of Zwingli U.C.C? Join Ed Bibic for discussions about what's happening at Zwingli. Bring your snacks, coffee, and questions!



NEW MEMBERS CLASS

Membership classes for those who would like to become members and/or learn more about the mission and ministry of Zwingli United Church of Christ, will be held May. Please let the pastors or the church office know if you are interested in attending and stay tuned for more detailed information!



Healthy Moment Hypertension: The Silent Killer By Kristie Lowery, Faith Community Nurse

*"¹⁹Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; ²⁰you were bought at a price. Therefore, honor God with **your** bodies." [1 Corinthians 6:19-20](#)*

I am not one to broadcast my personal medical issues, but I had an experience this past fall that was a critical eye opener and significant enough that I feel compelled to share it in the hopes that someone can avoid a similar experience. I have been taking medication for hypertension for many years. However, when I became a Medicare appropriate age, the powers to be decided that my medication was not one they wished to cover under my healthcare coverage. I had a discussion with my physician to switch to a medication that would be approved. And so, with my new prescription in hand, I obtained the new medication and incorporated the new drug into my daily routine of taking medications. In the past, as long, as I was taking medication, my blood pressures were in a normal range and I felt good. With the medication change, I continued to feel good and went along with my life, without considering there were any problems. In the fall, I participated in a day bus trip. The entire day, I was not feeling good, having a headache, slight nausea, as well as dizzy and light headed. As soon as I returned home that evening, I took my blood pressure and noted that it was 220/140!! Needless to say, I got myself to a doctor mighty quick! Adjustments were made to my medication list, and I am

happy to report that my blood pressures are back to normal. They say that hypertension is a silent killer and this experience confirmed that! If I had not acted promptly, I could have had a massive stroke, heart attack or even death.

Blood pressure (BP) is the force of blood against your artery walls as it circulates through your body. The BP can rise and fall throughout the day, but it can cause health problems if it stays high for a long time. One in three American adults have high blood pressure. Factors that influence your risk for high BP include age, gender, race or ethnicity.

High BP usually has no warning signs or symptoms, so many people do not realize they have it. It is important to visit your doctor regularly. Discuss with your physician your risk factors, and appropriate treatment to maintain your BP at a normal range.

	Blood Pressure Levels
Normal	Systolic: less than 120 mmHG Diastolic: less than 80 mmHG
At Risk (Prehypertension)	Systolic: 120-139 mmHg Diastolic: 80-89 mmHg
High	Systolic: 140 mmHg or higher Diastolic: 90 mmHg or higher

Recommendations to decrease risks for high blood pressure:

- Get your blood pressure checked regularly.
- Eat a healthy diet.
- Maintain a healthy weight.
- Be physically active.
- Limit alcohol use
- Don't smoke.
- Prevent or manage diabetes.

Don't wait for symptoms to determine if you have a blood pressure problem, as you may wait too long! Be proactive and vigilant about monitoring your health and risk factors.

References:
<https://www.cdc.gov/bloodpressure/docs/ConsumerEd-HBP.pdf>



FAITHFUL STEWARDS: FIDUCIARY OF GOD'S BLESSINGS

If you read annual reports from publicly held companies or banks, you will frequently see the word "fiduciary." Fiduciary is used as an adjective to describe something which is held in trust. It is also used as a noun to describe the one who is a trustee who must account for that which is held in trust.

For example, a bank president has a fiduciary responsibility to stockholders in the bank and to depositors who place their money in the bank. A company treasurer has a fiduciary responsibility to the owners of the company. A payroll clerk has a fiduciary responsibility to pay people what they have earned.

You may never have considered yourself a fiduciary, and you may never have acted officially in a fiduciary capacity, but in reality, you are one. All of us are a fiduciary of all that God has entrusted to us. God blesses us in many ways, and in return, we provide our time, talents, and treasures to serve the Lord. If we were to sit down and have a discussion with God about our fiduciary responsibilities for God's blessings, how would we account for how we have used what God has entrusted to us?

Just as a bank president must account to stockholders and depositors on how their funds are used, we must account to Christ for how we have used what has been entrusted to us. Since everything we have rightfully belongs to God, we will need to periodically review how we have managed the Lord's resources.

Consider how you have used what God has entrusted to your care and keeping during the past few months. As a "fiduciary" of what God has placed in your hands, what will be your report on your giving and management of God's assets?



ADULT EDUCATION AT ZWINGLI

Christian education and nurture are critical to a life of faith. Three adult classes are offered as a place to learn, grow in faith and develop community with other members and friends at Zwingli. Listed below are the classes that are offered during the Church School hour (10:30-11:30). Please join in if you are not already involved in Adult Education.

Two classes for adults meet every Sunday morning. The third is our Young Families class that meets on the first Sunday of every month.

Bible Study typically meets in the Bright Space.

Adult Electives typically meets in the Parlor unless otherwise noted.

LYFT typically meets in the Bright Space.

Adult Electives Schedule:

April 7 Bible Study

Bible Study will meet jointly with the Adult Electives Class in the Parlor.

April 14 Diversity Awareness Training Part 2

Due to the high level of interest in Diversity Awareness, we are offering another session on this topic. Part 2 will address the question, "How do we align our unconscious bias with our consciously held beliefs?" Dr. Angela Mosby, will facilitate this discussion through her presentation. We invite you to come and participate as we strive to increase our diversity awareness and understanding on this topic.

April 21 Have a blessed Easter! No class today.

April 28 MCC Material Resources

Our way of looking at Earth Day this year is to invite Tom Oelschlager of MCC Material who will share with us how they use recycling to finance their health and clean up kits that are used wherever there is a need. Won't you join us and hear and learn more about his organization that is here in the area.

May 5 Bible Study

Bible Study will meet jointly with the Adult Electives Class in the Parlor. •



**L.Y.F.T.
NEWS**

Our LYFT class continues to focus on ways to raise spiritually healthy children. We will be enjoying the Easter Egg Hunt together on April 13 and planning another fellowship event for early May.

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SAVE THE DATE

May 19th is going to be a busy day at Zwingli: Music Sunday, Teacher Appreciation, Prayer Bench Dedication AND Intergenerational Sunday School. Our Intergenerational Sunday School will be a working "class" where we focus on Ecclesiastes 4:9 "Two people are better than one, because they get more done by working together." During the Sunday School hour we will help the Trustees take care of our building and property, **so let's make it a dress-down day**. There will be different jobs for people of all abilities and interests. Keep an eye on the announcements and May mailing for more details.

YOUTH GROUP LEADERSHIP HELP NEEDED

Want to be involved with a great group of youth from our congregation? Monica is looking for someone interested in helping to plan and run one or two of the events that have been a big hit with our youth in the past: The Service Scavenger Hunt and / or 30 Hour Famine. If you are interested, give Monica a call for more information. (267-664-2713 or thejalboots@gmail.com)



VACATION BIBLE CAMP IS GROWING - TO MARS AND BEYOND!

July 29th - August 2nd (9am - noon) will be one small step for all involved with VBC...one giant leap for God's Kingdom through Cokesbury's "To Mars and Beyond." This is an interactive week where children (aged 3 and toilet trained through entering grade 5) will learn 5 different Bible Stories through art, science, music, games, Bible time, and snacks. All of the stories show how we should give "Glory to God who is able to do far beyond all that we could ask or imagine by His power at work within us!" - Ephesians 3:20

The theme of "giving glory to God who is able to do far beyond all that we could ask or imagine by His power at work within us" is perfect, because this year, VBC is moving to be a Community VBC where all of the following churches will be involved: Emmanuel LC, Grace UMC, Little Zion LC, St. Paul's LC, Trinity UCC & Zwingli UCC.

Please prayerfully consider how you can help. We have very important roles during the week of VBC of leading one of our Space Stations (i.e., art, science, Bible story etc.) and being a Space Guide (getting campers safely from Space Station A to Space Station B and helping them in those locations). We are also in need of folks to help with rearranging Zwingli's space, decorating, preparing arts & crafts ahead of time, and returning Zwingli to its original layout when the week is over. Additional volunteers will be needed from ALL churches involved. Reach out to Monica with any questions and let her know how you see yourself participating in this space adventure. (267-664-2713 or thejalboots@gmail.com). Through God's power at work within us, we will be able to have an awesome and astronomical event.



MILLER-KEYSTONE BLOOD DRIVE

Date: Tuesday, April 16th

Time: 1:00 pm – 6:00 pm

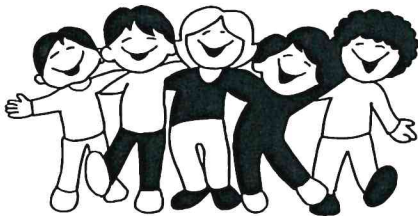
Location: Zion Mennonite Church, 149 E. Cherry Lane, Souderton

You can register on-line at **giveapint.org**. The link is also on the Zwingli website. Click on **Give Blood** on the top left, click on the **Schedule Now** box, key in your zip code, choose **Include Mobil Drives**, set both dates to **04/16/2019**, then click on **Search**. Choose the Zion Mennonite Church **Schedule** and pick your time.

If you have any questions contact Jim See at 215-257-4160 or e-mail at 21m5ee@comcast.net. If you would like Jim to schedule the time slot for you, he will be in the Atrium after worship beginning March 31st.

To speed your time donating, you can fill out the Donor History Questionnaire by going to giveapint.org and clicking on the iScreen box on the right. You can do this only on the day of your appointment. Once completed, print a copy, and bring it with you.

16 year olds are allowed to donate blood. The parental/guardian permission form is on giveapint.org or Jim can provide one for you.



WE STILL HAVE SOME OPENINGS!

Zwingli Nursery School is now accepting registration for the 2019-20 school year!

Reserve your spot today!

Please call the church office, visit

www.zwingli.org/zns

or see Lisa Cinciripini for a registration form.

Classes held Monday, Wednesday and Friday from 9 – 11:30 am.

Clothing Pantry Needs



CLOTHING DONATIONS

Zwingli UCC is collecting new and gently used clothing for the Laurel House thrift shops of Marian's Attic and Laurel's Loft. Laurel House is a comprehensive domestic violence agency offering 24-hour hotline counseling, emergency shelter, transitional housing, medical advocacy, legal advocacy, counseling and support groups, children's programs, law enforcement collaboration, and community education and prevention programs serving individuals, families and communities throughout Montgomery County. Further information is available at: <https://laurel-house.org/>. Clothing donations may be placed in the gray bin by the coat racks.

- Meals in a Can: spaghetti w/meatballs, ravioli, beefaroni
- Baked Beans
- Canned meats: tuna, chicken, ham, salmon
- Spaghetti Sauce
- Canned Fruit in juice
- Condiments: ketchup, mayonnaise, mustard, and oil
- Sugar (1 lb.box or 5 lb. bags)
- *Laundry Soap
- *Paper Towels
- *Toilet Paper
- * (These are items cannot be purchased with SNAP (food stamps)
- Gluten Free, Sugar Free and Low/No Sodium Products (for families with special dietary needs)

Please check the expiration dates on all donated items.

The households served greatly appreciate your generous donations! Thank you!



FOOD PANTRY NEEDS

Keystone Opportunity Center gratefully accepts non-cash donations of food, household cleaning and paper products, toiletries, etc.

Current food pantry needs would be enhanced by the following donations:

- Fresh Produce: apples, oranges, bananas, carrots, potatoes, onions, celery, bags of lettuce
- Cereal & Oatmeal
- Pancake Mix (complete)
- Pancake Syrup



IF YOU ARE HOSPITALIZED

Due to privacy procedures implemented by all healthcare facilities, it is much more difficult for the church to obtain information about patients than it has been in the past. **If you or a member of your family is hospitalized, or at a rehab or other health facility, please let the church office and the pastor(s) know directly.** This is the only way you can be certain this information will be received.



BULLETIN MAILINGS

Would you like a bulletin mailed to you on a weekly basis? If you have difficulty attending church Sunday mornings but would like to experience our worship time and keep up with the announcements, please call the church office and we will add you to our weekly bulletin mailing list.

WOULD YOU LIKE TO JOIN THE MAILING CREW?

If so, come out and join us on the last Wednesday each month (except for July & December) at 9 am in the Conference Room as we talk and laugh and put together the monthly mailing.



STAY INFORMED

If you want to stay current on what Zwingli Ministries and Council are doing, pick up a Pre-Council Report from the memorial desk in the atrium. See the wonderful ideas that are being shared by your leaders!

DEADLINE FOR
SUBMITTING MAILING
ARTICLES FOR THE
MAY MAILING IS

MONDAY, APRIL 15

PLEASE INCLUDE ANY
INFORMATION FOR ALL
OF MAY AND THE
FIRST TWO WEEKS IN JUNE.

Note to the Mailing Crew and anyone else who wants to help: We will meet on

Wednesday, April 24 at 9 am

to send out the mailing next month.

USHER DUTY

- April 7 Mark Comden, Erin Chalmers
Dale and Susie Woodland
- April 14 Jessica Chinault-Jalboot, Nick Jalboot
Joan and Phil Heckler
- April 21 Carol and David Reiff
Charles Frederick, Marian Eide
- April 28 Youth
- May 5 Rick and Missy Rogers
Tom and Lisa Cinciripini
- May 12 Pete and Karen Kispert
Gene Mattes, Sue Wack
- May 19 Ed and Liz Bibic
Lee and Lois Hunsicker

GREETERS

- April 7 Dale and Susie Woodland
- April 14 Gladys Amspacher, Ann Marie Gribosh
- April 21 Nikki Bechtel, Casey, Allie
- April 28 Sherri Belfus, Michael Kracht
- May 5 Fran and Sue Bergey
- May 12 Ed and Liz Bibic
- May 19 Merrill and Shirley Brown

MONEY COUNTERS

- Steward on Duty – Tara Kuhnsman 215-721-1354**
- April 7 Sue Wack, Tara Kuhnsman
- April 14 Ed and Liz Bibic
- April 21 Ministry of Stewards
- April 28 Janet Wile, Tom Kramlik
- Steward on Duty – Kristie Lowery 215-257-3406**
- May 5 Kristie Lowery, Becky Klausfelder
- May 12 Bill Yocum, Rick Rogers
- May 19 Ed and Sue Rauch

SOUND SYSTEM

- April 7 Tom Kramlik
- April 14 Rick Rogers
- April 21 Curtis Jernigan
- April 28 Lisa Cinciripini
- May 5 Tom Kramlik
- May 12 Rick Rogers
- May 19 Mark Comden

ACOLYTE

April 7 Trevor Alderfer
April 14 Alex Jalboot
April 21 Mia Scovronski
April 28 Nora Jalboot
May 5 Claire Jalboot
May 12 TBD
May 19 Madison Klausfelder

NURSERY

April 7 Monica Jalboot
April 14 Laurie Reynolds
April 21 Lisa Cinciripini
April 28 Megan Alderfer
May 5 Ashley Scovronski
May 12 Erin Chalmers
May 19 Jennifer Smeed

GIFT CARD SALES

April 7 Lisa Cinciripini
April 14 Beryl Yoder
April 21 Esther Wack
April 28 Maureen Hartman
May 5 Lisa Cinciripini
May 12 Beryl Yoder
May 19 Esther Wack

SUNDAY MORNING REFRESHMENTS

April 7 Ministry of Shepherds
April 14 Charlotte Kramer, Joey Bush
April 21 Carol Reiff, Karen Rosenberger
April 28 Kristie Lowery, Toni Kramlik
May 5 Sue Pro, Sandy Schuler



Zwingli UCC
350 Wile Avenue
Souderton, PA 18964



Zwingli UCC Staff

Butch Kuykendall, D.Min.Senior Pastor
Elaine Ely.....Interim Associate Pastor
David Clark Little.....Director of Music/Organist
Steve Emery.....Bell Choir Director
Lisa Cinciripini.....Office Administrator
Corynne SzczepanskiNursery Caregiver

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