



# Zwingli United Church of Christ

## Celebrating and Sharing God's Love

*Zwingli Hill News*

*November 2020*

*Vol. 58 No.8*

*Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.* -- Philippians 4:6-7

*When the Lord restored the fortunes of Zion, we were like those who dream. Then our mouth was filled with laughter, and our tongue with shouts of joy; then it was said among the nations, "The Lord has done great things for them." The Lord has done great things for us, and we rejoiced.*

-- Psalm 126:1-3

November is typically the month we give special attention to thanksgiving, not only the holiday, but for all that stirs feelings of gratitude. Of course, November is not the only time we offer gratitude for life, family, friends, church and so many blessings. We do so at other moments in the year and often times in Sunday worship, like in our prayers, offertory invitation or the chat comments on Facebook. Our gratitude is an expression of our faith and we can't help but share those feelings with God and others.

The season of Advent will begin at the end November this year as well (many times Advent begins in December). Advent, which means "coming" is a time of preparation as we seek the arrival, or coming into being of the Christ child in our hearts and worship. It is a season that also anticipates the *Parousia*, or the ways that Christ has or will enter the life of the world again. The Psalm above is from the lectionary readings for the Advent season and speaks of restoration and new life.

Some may wonder, though, if November 2020 is a time that we can be thankful, or a moment in history where it's even possible to hope for restoration and new life. The election season continues to expose deep divisions in our country. COVID 19 persists and affects our life in discouraging ways. We feel disheartened by racism and the many other ways that people are harmed, neglected or treated as second class citizens or without respect or care (for example, as of this writing, the parents of over 500 migrant children separated from them at the border have not been found). Wildfires in the West, devastating hurricanes in the U.S. and other parts of the world, job loss, the loss of loved ones and friends...we are carrying a lot of emotional and spiritual burdens (physical ones too).

In some ways, I wonder how Paul can say "do not worry." Or how he can encourage thanksgiving when we feel drained and weary. But, Paul knew what it meant to suffer. He witnessed the persecutions of Christian sisters and brothers. He was jailed often for his beliefs and the audacity to spread the Gospel. He knew about oppressive governments and was shaken by the ways people could hurt each other. Yet, Paul held firm in a belief and trust in Jesus, the Prince of Peace, whose Spirit lived within to comfort, guide, and offer the strength to persevere. He honored and prayed to a God who promised restoration and new life. He gave thanks for a number of church communities that supported and sustained him. Even when it seemed like there was no hope, Paul expressed in his life and writings the light of hope that could cut through the gloom and despair. Even when in prison, he found ways to bear witness to his faith in Christ. And Paul is not the only one in history who experienced the worst the world could dish out, but still lived in faith and hope.

So, we give thanks for those we've know who have lived lives of gratitude, faith and hope. We are thankful for those moments that God provides for us when we can see a glimmer of light – in a friend, an event, the beauty of nature, or in worship on a Sunday morning. We hold on to those moments and let them teach us as they make way into our hearts. We do our best to trust, even when there is much to worry about, and ask Jesus to show us the right path – or carry us when we can't put one foot in front of the other. We give thanks and make preparation at the same time for the ways Christ will break in anew to offer us new life and joy.

During these special seasons, I hope that you will pray and pray often (without ceasing!). I pray that you will seek and find ways to heal, and ways to help others find restoration and hope. And I trust that we as Zwingli church will continue to bear Christ's light in our community and world.

Blessings and Peace – and with thanksgiving for you, family and friends at Zwingli,

Pastor Butch

*Table of Contents*

1	Thanksgiving Eve, Hanging of the Greens, Advent Stocking, In-Person Worship	8	Christian Education
2	On-Line Worship, Health News	9	Missions
4	Reflections	11	Zwingli Nursery School
5	Prayer Circle, Stewardship Campaign	13	Sunday Morning Volunteers
6	Membership, Search Committee, Fundraisers	14	Kids' Page
7	ONA	15	November Birthdays



## THANKSGIVING EVE SERVICE

Please stay tuned for information regarding this year's Thanksgiving Eve service scheduled for Wednesday, November 25 at 7:00pm. Due to the pandemic, plans and decisions are still being made with a final decision about holding the service to be determined in the near future.



The Advent "Hanging of the Greens" service will be held on Sunday, November 29. Decisions about how the service will happen are still in the planning stages since the pandemic is altering and affecting our usual traditions and routines. More information will be sent via email, snail mail, Facebook, Z-News and other means once plans are finalized. Please stay tuned!



Plans are to continue the Advent Stocking Children's Message Series during Advent. As stated above, we're still considering how best to carry on this young, but well-loved tradition.



## IN-PERSON WORSHIP HAS BEGUN!

On October 18<sup>th</sup> we enjoyed our first official in-person worship since March 2020. The numbers were small on the 18<sup>th</sup> and 25<sup>th</sup>, but the members, volunteers and staff present were happy for the chance to worship in the sanctuary together. Yes, there were changes to get used to (like no singing or spoken response, a different way to do passing of the peace), but it was truly a blessing to be able to see one another again. Everyone thus far has been observant of the necessary pandemic related precautions and the volunteers have done a great job assisting and directing those who decided to attend. We will continue in-person worship as long as we can, and we will continue to monitor COVID numbers locally and any new government mandates and direction.

If you would like to attend, *please remember to sign up each week* through Sign-Up genius or by calling the church office (215-723-1186). There is a limit to the numbers we can accommodate, so please sign-up. We also ask that you be mindful of the information sent a number of weeks ago about precautions like wearing a mask properly (from the bridge of the nose to below the chin), social or physical distancing (6 feet!) and washing hands or using hand sanitizer frequently. The precautions are a way to keep one another safe and to practice love of neighbor!

**We will continue to live-stream the service on Facebook and post it on YouTube** (please see the following article). So, whatever you decide, the service will be available and we hope you will participate

in worship each week or as often as you can!

Many thanks to the Tech Team who make sure the service can be seen, heard and enjoyed in-person or online, the RTC Team for their efforts and planning, the volunteers who welcome and direct those attending, and those who participate in the service (like the Bush's!!). We also ask for your patience, understanding and prayers throughout these challenging and ever-changing times.



### JOIN US ONLINE EACH SUNDAY FOR WORSHIP!

Prelude music will begin at 8:45 am.  
Worship will begin at 9 am.

To join us on Facebook Live, go to:  
[www.facebook.com/Zwingli.ucc](http://www.facebook.com/Zwingli.ucc)

Don't have a Facebook Account? No problem –below are directions to watch the worship service without a Facebook account.

1. Click on [www.facebook.com/Zwingli.ucc/live](http://www.facebook.com/Zwingli.ucc/live) at 8:45 am.
2. If video is not playing, click the word "videos" in the left column, then look at the first video thumbnail under "all videos". This should be the most current Live video. If you are early, you may need to refresh the page by hitting F5 on your keyboard.
3. You DO NOT need to log in or sign up to be able to view the service.
4. Remember, if you load the page before the stream starts, the stream will not pop up. You will need to refresh the page.

To view the worship service at a later date:  
Go to [www.zwingli.org](http://www.zwingli.org) or  
Go to [Facebook.com/Zwingliucc](https://www.facebook.com/Zwingliucc) or  
Go to Twitter #Zwingliucc or  
Check your weekly Z-News on Monday.



### HEALTHY MOMENTS

#### Powerful Pumpkins

By Ashley Scovronski, Certified Integrative Nutrition Health and Wellness Coach



*"Behold, I will bring to it health and healing, and I will heal them and reveal to them abundance of prosperity and security." Jeremiah 33:6.*

It is pumpkin season and Thanksgiving is right around the corner. Fall not only brings about seasonal change, but it is a time to start adding more squashes, and root veggies into your diet to help ground, and nourish the body throughout the coming winter months.

1. Pumpkin helps keep your eyes healthy. It is a great source of beta carotene which converts to Vitamin A and a cup of cooked pumpkin is 200% of your recommended daily intake according to the National Institute of Health. It aides vision in particularly low light and can help to prevent degenerative damage to your eyes.
2. Pumpkin can help support and cleanse the liver. The beta-carotene and other carotenoids help to

detoxify the liver and improve liver tissue health.

3. Pumpkin can help you lose weight and help treat type 2 diabetes. The low calorie, large fiber content helps you to feel fuller longer, supporting weight loss, digestion and slows the rate of sugar absorption into the blood stream. A 2009 study published in "Bioscience, Biotechnology, and Biochemistry," found that substances in pumpkin may help *improve insulin resistance and slow the progression of diabetes*.
4. Pumpkins help boost your immune system. The flesh and seeds are high in Vitamin C and antioxidants. Plus, the conversion of beta-carotene into vitamin A help to fight infection by triggering the creation of white blood cells.
5. Pumpkins have skin supportive properties. The carotenoids, Vitamin C and E help to improve the appearance and texture of your skin.
6. Pumpkin can help reduce inflammation. The carotenoid beta-cryptoxanthin found in pumpkin, can reduce inflammation when taken regularly.
7. Pumpkin is a cancer fighter. According to the National Cancer Institute, the full range of beta-carotene and antioxidants in food sources such as pumpkins work more synergistically with the body to help prevent cancer than taking a supplement.
8. Pumpkin loves your heart. The potassium level in pumpkins can

have a positive effect on blood pressure while the soluble fiber helps to lower cholesterol and triglycerides. All important elements for supporting cardiovascular health.

Don't forget the pumpkin seeds! They are packed with an amazing nutritional profile as well. I prefer sprouted pumpkin seeds to reduce the pesky anti-nutrient phytic acid. I sprinkle them on top of creamy soups, salads and add them to trail mixes. They are loaded with antioxidants, manganese, magnesium, and a good amount of zinc, iron, polyunsaturated fatty acids, potassium, folate and vitamin B2 to name a few.

Who knew Pumpkins could pack an amazing nutritional punch! So enjoy all your favorite pumpkin recipes this month and here is one for you to try:

### **Healthy Pumpkin Muffins**

- 1/3 cup melted coconut oil or extra-virgin olive oil\*
- 1/2 cup maple syrup or honey
- 2 eggs, at room temperature or flax egg substitute
- 1 cup pumpkin purée
- 1/4 cup milk of choice (almond milk)
- 2 teaspoons pumpkin spice blend (or 1 teaspoon ground cinnamon, 1/2 teaspoon ground ginger, 1/4 teaspoon ground nutmeg, and 1/4 teaspoon ground allspice or cloves)
- 1 teaspoon baking soda
- 1 teaspoon vanilla extract
- 1/2 teaspoon salt
- 1 3/4 cups whole wheat flour\*\*
- 1/3 cup old-fashioned oats, plus more for sprinkling on top
- Optional: 2 teaspoons turbinado (raw) sugar for a sweet crunch

### **INSTRUCTIONS**

1. Preheat oven to 325 degrees Fahrenheit. If necessary, grease all 12 cups of your muffin tin with butter,

non-stick cooking spray or use parchment muffin cups.

2. In a large bowl, beat the oil and maple syrup or honey together with a whisk. Add the eggs, and beat well. Add the pumpkin purée, milk, pumpkin spice blend, baking soda, vanilla extract and salt.
3. Add the flour and oats to the bowl and mix with a large spoon, just until combined (a few lumps are ok). If you'd like to add any additional mix-ins\*\*\*, like nuts, chocolate or dried fruit, fold them in now.
4. Divide the batter evenly between the muffin cups. Sprinkle the tops of the muffins with about a tablespoon of oats, followed by a light sprinkle of raw sugar and/or pumpkin spice blend if you'd like. Bake muffins for 22 to 25 minutes, or until a toothpick inserted into a muffin comes out clean.
5. Place the muffin tin on a cooling rack to cool. These muffins are delicate until they cool down. You might need to run a butter knife along the outer edge of the muffins to loosen them from the pan.
6. These muffins will keep at room temperature for up to 2 days, or in the refrigerator for up to 4 days. They keep well in the freezer in a freezer-safe bag for up to 3 months (just defrost individual muffins as needed).



### **ZWINGLI ZOOM ROOM FELLOWSHIP!**

Join us on Sundays following worship for fellowship through Zoom! To join in, follow this link:

<https://us02web.zoom.us/j/86751925286?pwd=K3lqbEdMcDZHY0pOaEVpSWxqTWMydZ09>

Meeting ID: 867 5192 5286

Password: 7231186

Or dial 1-646-558-8656 or 1-312-626-6799.

Follow the prompts. The Meeting ID: 867 5192 5286, Password: 7231186

The meeting ID and Password is good through and including Sunday, December 27.

Adult Electives Class will immediately follow fellowship on the same Zoom address.

## **REFLECTIONS**

### **FAITH REFLECTION ON FACEBOOK LIVE!**

*Tuesdays at 12 noon of each week.* Pastor Butch or Pastor Elaine will provide a short 6-8-minute faith reflection on Zwingli's Facebook page. Please join in with other friends and members as we strive to make connection and share our faith. You can simply go to Zwingli's Facebook page at the appropriate time.

#### References

Impressive Health Benefits of Pumpkin

<https://www.healthline.com/nutrition/pumpkin>

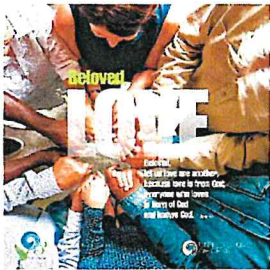
Proven Health Benefits of Pumpkin

<https://foodrevolution.org/blog/health-benefits-of-pumpkins/>



### WEDNESDAY PRAYER CIRCLE

We will meet for Prayer Circle with Pastor Elaine or Pastor Butch **each Wednesday** of the month from 12:00 to 12:30. The zoom invitation will be sent ahead of time. We feel that heartfelt communal prayer is especially needed on a consistent basis as we continue to deal with individual, family and church concerns, the pandemics of COVID 19 and racism, as well as other societal issues and direction.



### **Zwingli's Fall Stewardship Campaign kicks off on November 1, 2020!**

This year's Stewardship Campaign's theme is: **Beloved, love!** Martin

Luther King once called love "the most durable power in the world." As he explained, "Hatred and bitterness can never cure the disease of fear; only love can do that. Hatred paralyzes life; love releases it. Hatred confuses life; love harmonizes it. Hatred darkens life; love illuminates it." These words are extremely important today. God calls us to love one another, our neighbors and Himself. Zwingli's main mission is to share our love and God's love with everyone. That's what your contributions to the church enable: sharing God's love. This campaign will focus on how love and stewardship are closely intertwined. Here is an introduction

to the three great loves highlighted in this campaign.

### **Our Calling: Three Great Loves**

By the Rev. Dr. John Dorhauer, General Minister and President

"**Three Great Loves,**" a shared initiative of United Church of Christ congregations, conferences, and the national setting, engages all of us in faith-inspired work for a more just world. Together, we change lives.

This initiative reflects the deep purpose, mission, and vision of our Christian movement.

Our purpose arises from Jesus' greatest commandment: we will love the Lord our God with our whole heart, mind, soul and strength; and our neighbor as ourselves.

Every congregation names its mission slightly differently, but as I travel around the country, I find our congregations living out their purpose through a missional commitment to love, welcome, and justice. Spoken in different ways, we share a common mission: united by the Holy Spirit and inspired by God's grace, we love all, welcome all, and seek justice for all.

Our mission as the United Church of Christ points towards a shared vision: a just world for all.

Many of us came to the United Church of Christ because of this sense of purpose, mission, and vision. But we need to ensure we do more than speak words. We make our commitment real by embracing **Three Great Loves:**

- The love of Neighbor
- The love of Children
- The love of Creation

Over the next few weeks, the Ministry of Stewardship will share stories of the ways

your congregation and our wider movement live out these **Three Great Loves**. And then, you will be asked to make a commitment of financial support to the work of your local congregation and the wider United Church of Christ for 2021.

We believe an entire Christian movement that is willing to engage in an extended time of mission to serve these "**Three Great Loves**" can change the world. We know that your part in this mission matters – no matter where you are located or how large or small your community.

Friends, the world needs our great love. Together, our love for the world can transform it.



### **INTERESTED IN MEMBERSHIP AT ZWINGLI?**

Our Membership Class plans in the spring got sidetracked by COVID 19. It will be handled a bit differently, but we certainly welcome anyone who is interested in membership. With the increased use of technology, you can "join" no matter where you are. Please contact the office (215-723-1186 or [office@zwingli.org](mailto:office@zwingli.org)) with your interest and we will be in touch directly to set up the necessary meetings. If we already know of your interest, you should have heard from us by now. Looking forward to the next step to your membership with Zwingli.

### **SEARCH COMMITTEE UPDATE**

The Search Committee is back at it, receiving profiles from interested candidates and conducting interviews. We're also in the process of making other revisions to the profile and creating a short video highlighting who we are and are called to be. Once completed, the profile and video will be posted to the National UCC website under "UCC Ministry Opportunities." Please keep the search committee and process in your prayers. Also, please offer your thanks to the committee members who have gone above the call of duty with the search process. We will keep you informed of news and progress. (Search Committee: Mark Comden (Chair), Jim Bush, Chris Jalboot, Dr. Angela Mosby, Dr. Karen Rosenberger, Pastor Butch)



### **SUPPORT ZWINGLI BY SHOPPING AT AMAZONSMILE!**

When you shop at AmazonSmile, Amazon will donate .5% of your purchase to the Zwingli UCC general fund. Just go to [smile.amazon.com](https://smile.amazon.com), designate Zwingli United Church of Christ as your charity, and start shopping for all your Christmas needs! Or type in this link which will take you directly to Zwingli's Amazon page: <https://smile.amazon.com/ch/23-6291301>





ONA

### GROCERY GIFT CARD FUNDRAISER

Buy your groceries and help Zwingli all at the same time!

This fundraiser benefits the Zwingli General Fund! Purchase a **GIANT Store, Landis Supermarket or Shop-Rite** gift card from Zwingli Church and 5% of your purchase goes directly into the General Fund. Cards are available for purchase through the church office during the week.



### FUNDRAISING WITH FOOD

Just a reminder that we have partnered with Fasageo's Italian Restaurant and Pizzeria, 724 Ridge Rd., Sellersville, PA for an ongoing fundraiser. Fasageo's will return 10% of any food sales purchased to Zwingli. You just need to inform them when placing your order for dine in, pick up, or delivery that you are a member of Zwingli. It's that simple!

Our journey through the Open and Affirming process continues.

We offer our gratitude and praise for Sue Wack's courageous Coming Out Message shared on Sunday, October 11, 2020. To listen to her sermon, please click on the following link:

<https://youtu.be/9b1vBobMA1M>

Upcoming Classes revolving around the ONA process are:

**PFLAG:** We are excited to welcome George and Nina Stewart from PFLAG in Doylestown to share the importance of their organization with us in an Adult Electives Class scheduled for: November 15. They will offer us a better understanding of the need in the LGBTQ community for acceptance and affirmation.

**ONA COVENANT:** In December, our classes on the 13<sup>th</sup> and 20<sup>th</sup> will revolve around creating an ONA Covenant for Zwingli. What does that mean and how does it affect Zwingli? Come and find out!

We also welcome the following message recently shared by Pope Francis in the recent documentary "Franciesco":

"Homosexual people have the right to be in a family. They are children of God,"  
"What we have to have is a civil union law; that way they are legally covered."

Although this isn't far enough in equal rights of marriage, it is a step in the right direction and we are hopeful that these statements and thoughts will work towards

equal and fair rights for our LGBTQ+ family and community. Below is a statement from the Human Rights Campaign President Alphonso David:

*By shifting Catholic theology in a more inclusive direction and making clear that LGBTQ people have a right to their own families, Pope Francis is letting LGBTQ Catholics know that being a person of faith and being LGBTQ are not mutually exclusive. While we at the Human Rights Campaign acknowledge this moment, we continue to push the Catholic Church, and all religious leaders, to fully embrace LGBTQ people and endorse marriage equality for same-sex couples, our right to have families, and to be full members of our faith communities.*



### SUNDAY SCHOOL FOR OUR CHILDREN AND YOUTH

We have been so fortunate to have had several lovely Sunday mornings for our outside classes. When weather permits, we will be delighted to continue outside. On chillier Sundays, we will be meeting in the Family Life Center and Atrium. Our class sizes are very conducive to social distancing while still feeling connected, and the children and youth are very cooperative.



### ADULT SUNDAY SCHOOL

We have learned to transition quite smoothly from Fellowship to Adult Electives or Bible Study each Sunday morning at 10:30. Classes have been well attended (but there's always room for more). On the first Sunday of each month we continue to combine our Adult Electives with the Adult Bible Study class.

We have some excellent opportunities coming up in the next couple months:

**November 1** – Combined Adult Electives and Bible Study

**November 8** – Responding to the Election – Whatever the outcome of the election, there's much to consider about how we move forward and what comes next. Hope you're there for the discussion.

**November 15** – George and Nina Stewart will be our guests to share about their role in facilitating a local chapter of PFLAG – an organization of Parents and Friends/Family of Lesbians and Gays. They have seen first-hand what a difference support and affirmation can make to the LGBTQ+ community and their families.

**November 22** – A few more of our ministry areas will share how they are carrying out their ministry even in the midst of this pandemic.

**November 29** – Our guest speaker will be Feather Suneagle, a Native American willing to share her story and broaden our understanding of our Thanksgiving practices.

**December 6** – Combined Adult Electives and Bible Study

**December 13 and 20** –

Presentations/Discussions around our use of covenants within the church, and a look at specific ONA covenants locally and nationally. What would that mean for Zwingli?

**December 27** – No Adult Electives



### LYFT FELLOWSHIP

Our November fellowship event may be impacted by how we present the Hanging of the Greens, so keep watch for updates. November is a great time to work on a family gratitude journal – can there possibly be things from this pandemic that we are thankful for?!

In December, we will hold a zoom Christmas Games Event for the whole family on December 6<sup>th</sup> so mark your calendars now (exact time TBD). Sharpen your Christmas trivia skills and think about the names of Christmas carols. Can't believe how quickly Christmas will be here!

### PLEASE JOIN US FOR ZWINGLI ADULT BIBLE STUDY

We meet every Sunday morning via Zoom at 11:30 am (except the first Sunday when we combine with Adult Electives.) We will be studying traditional Sunday School themes based on the Standard Sunday School Commentary. Our teachers are *Larry Moss, Jonathan Widgins, Charlotte Kramer, and Pete Kispert*. The themes for 2020-2021 will be:

Fall 2020: Love for One Another

Winter 2020-2021: New Testament Call

Spring 2021: Prophets & God's Covenant

Summer 2021: Confident Hope

Join our Sunday School Zoom Meeting by clicking on the link in your Sunday morning bulletin.

# MISSIONS

### HOLIDAY GIFT CARD/ITEMS DRIVE

The Missioners are promoting Keystone Opportunity Center's (KOC) annual Holiday drive this year. Though we are thankful for the donations of Thanksgiving bags by Zwingli members, we suspect it didn't match last year. So we thought this added participation by the congregation might help with supporting KOC's clients. The collection for this will be similar to that of the Thanksgiving bags last month. To ensure the safety of the recipients and KOC staff, KOC will take donations directly every Monday in November between the hours of 10:00 am & 2:00 pm. You may drop off the cards & items at KOC's front door on 104 N. Main St. Pull into the marked parking spaces and a volunteer will come out to collect the donations.

Gift cards should only be in multiples of \$25 and only from Visa, Mastercard, or Walmart. These are the most convenient for the clients to use. If you choose to purchase an item, the families are often in need of:

- NEW Bed-in-a-Bag (twin or queen sizes)
- NEW Bag-less Vacuum Cleaners
- NEW Pots and Pans Sets

When a volunteer comes out, specify that the donation is for the Holiday Gift Card/Items appeal.



### **ALL SAINTS APPEAL**

The first Sunday in November is designated as All Saints Sunday. We celebrate long ago saints and those we know as saints today; people who inspired us by grit and determination to "keep on trying." Many of these people are pastors whose lives shaped and influenced our own. Some of our PSEC pastors who retired years ago are now in need of special assistance. Because their retirement income is low, the churches of the Pennsylvania Southeast Conference supplement the cost of their health benefits. The Pension Boards of the United Church of Christ administers these supplemental gifts according to whomever has the greatest need. Last year your gifts provided \$6,523 to meet the Conference's \$15,024 commitment to the 7 pastors, spouses, and widows who received health and dental insurance assistance. Join with our Conference churches this year to send a message of care and support to those Saints among us who have served the church so well in past years! As we are catching up with our appeals for the year, please consider supporting this effort by submitting your donation to the church office no later than November 30th. For your convenience, envelopes are available in the vestibule.

### **KOC FOOD DONATIONS**

The collection of food donations for Keystone Opportunity Center has continued. If you are attending worship in the Sanctuary, feel free to drop them off in

the coat room. The Missioners thank Charlotte Kramer for continuing to deliver these to KOC. However if you are not attending in the Sanctuary, please do not drop off food at church during the week. KOC is accepting donations every Monday from 10:00 am until 2:00 pm at their 104 Main Street entrance. Pull into the marked parking spaces and a volunteer will be out to collect the donations. These donations are placed in a conference room in quarantine for a few days before being moved to the Pantry.

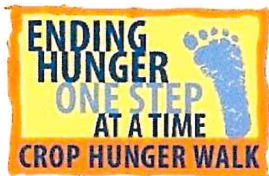


### **ADVENT MISSION PROJECT**

The Advent Mission Project for this year will be in support of Last Chance Ranch in Quakertown, a volunteer non-profit organization. Their mission is dedicated to rescuing and rehabilitating equines, farm animals and other domestic animals including dogs and cats. LCR also educates the public regarding humane and responsible treatment of these animals. Check out their website at [www.lastchanceranch.org](http://www.lastchanceranch.org) for a comprehensive list of the supplies that we will be collecting. We will receive all donations on a Saturday and/or weekday evening in December, to be announced in the December newsletter and bulletins.

## COVID-19 CONVALESCENT PLASMA DONORS NEEDED

M-K has been providing units of Convalescent plasma from donors who recovered from COVID-19. The antibodies from the plasma of the recovered donor gives patients the strength needed to recover. Besides the 29 local hospitals that they currently supply, they're also working with the federal government to build up a stockpile of 400,000 units. The need still exists. If you know someone who has recovered and is willing to donate plasma, have them go to [www.giveapint.org](http://www.giveapint.org) and learn what needs to be done. NOTE: The donor must be free of symptoms due to COVID-19 for at least 28 days.



### CROP HUNGER WALK

Thank you to the walkers and sponsors for helping to advance communities around the world. Your donations will help provide supplies and education to start small farms that generate food and income for their family and neighbors. A portion of the funds will stay local. Zwingli raised **\$2,740.00!!!** Our involvement in the Virtual Penridge Crop Walk is the change this world needs!



### ZWINGLI NURSERY SCHOOL UPDATE

September and October got off to a great start for our new school year. The children have easily adapted to the new guidelines of wearing a face mask, washing their hands frequently throughout the morning, and keeping a safe distance from others. The older children have learned the letters Aa-Hh and the numbers 1 and 2. We have also learned the colors: red and orange and the 2 shapes: circle and triangle. We have discussed the seasonal changes in Fall and learned about fire fighters and their equipment during Fire prevention week. We had lots of fun during our Halloween party wearing our costumes and having a snack time with extra special treats.



### COVID ALERT PA

The COVID Alert PA is a free mobile app offered by the Pennsylvania Department of Health that is designed to help reduce the spread of COVID-19. The App uses Bluetooth Low Energy (BLE) technology and the Exposure Notification System developed by the Apple and Google to help notify and give public health guidance to anyone who may have been

in close contact with a person who has tested positive for COVID-19.

When someone receives a positive COVID-19 diagnosis, they will receive a call from the Department of Health or their county or municipal health department within 24-72 hours. If the individual has the COVID Alert PA app on their phone, the public health representative will ask if they are willing to accept a 6-digit validation code. If the individual agrees and enters the 6-digit code in the app, they are given the option to share their random Bluetooth keys with other app users. Other app users' phones routinely check if they have ever been in close contact (e.g., within six feet for fifteen minutes or more) with a phone that shared those same Bluetooth keys. If there is a match, the app will let them know they came in close contact with someone who was diagnosed with COVID-19. This is called an Exposure Alert. The app never collects or reveals the identity of any person using the app, and never reveals who has been diagnosed as positive for COVID-19.

This app is voluntary, but the more Pennsylvanians that adopt the app, the more effective it will be at stopping the spread of COVID. Local communities, groups, and organizations can utilize the app to help ensure people are notified when they have been in close contact with someone who tested positive, so they can take steps to protect themselves and others. We encourage Pennsylvanians who are 18 and older with a smartphone to unite against COVID by downloading the app when it is made available in September.

For more information, go to <https://www.health.pa.gov/topics/disease/coronavirus/Pages/COVIDAlert.aspx>



### **IF YOU ARE HOSPITALIZED**

Due to privacy procedures implemented by all healthcare facilities, it is much more difficult for the church to obtain information about patients than it has been in the past. **If you or a member of your family is hospitalized, or at a rehab or other health facility, please let the church office and the pastor(s) know directly.** This is the only way you can be certain this information will be received.



### **STAY INFORMED**

If you want to stay current on what Zwingli Ministries and Council are doing, pick up a Pre-Council Report from the memorial desk in the atrium or contact Lisa in the office for an electronic copy. See the wonderful ideas that are being shared by your leaders!



### **FREE WOOD!**

Three dead ash trees were recently cut down and are now available to members who wish to cut it up and take home. Wood is located in the Zwingli parking lot.



**TABLE OF PLENTY**

Unfortunately, due to the pandemic and staffing issues, the Thanksgiving Day Meal will not be held this year.



November 1, 2020  
Daylight Saving Time Ends. Please remember to turn back your clocks for an extra hour of sleep!

\*\*\*\*\*

\*\*\*\*\*

**USHERS AND GREETERS**

- November 1 Gene & Rhonda Moyer, Lee & Lois Hunsicker, Liz Bibic, Tom Cinciripini, Kristie Lowery
- November 8 Laurie & John Reynolds, Lee & Lois Hunsicker, Jim & Joey Bush, Jen Smeed
- November 15 Jim & Joey Bush, Liz Bibic, Tom Cinciripini, Sue Wack, Joan Yeager, Jen Smeed
- November 22 Liz Bibic, Tom Cinciripini, Lee & Lois Hunsicker, Sue Wack, Joan Yeager, Jen Smeed
- November 29 Gene & Rhonda Moyer, Laurie & John Reynolds, Sue Wack, Joan Yeager, Kristie Lowery

**A/V TEAM**

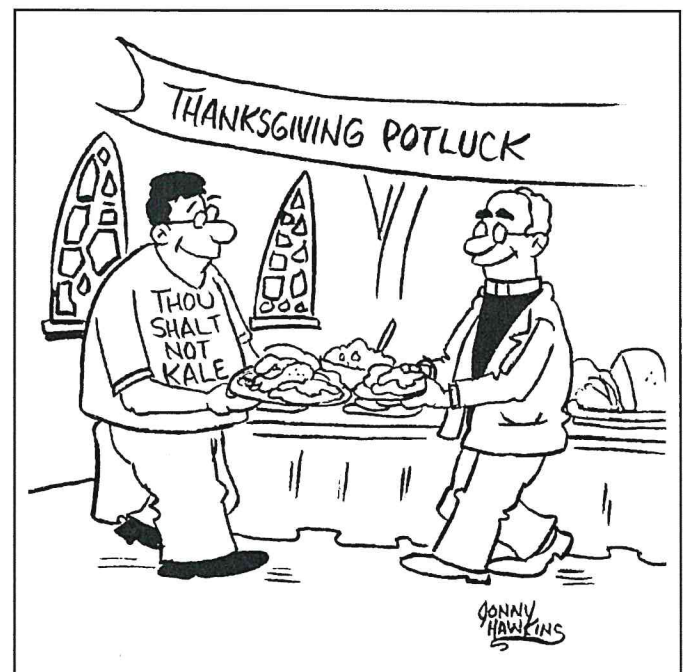
Jonathan Widgins, Ed Bibic, Mark Comden, Kristie Lowery, Lisa Cinciripini

\*\*\*\*\*

- Butch Kuykendall, D.Min. ....Senior Pastor
- Elaine Ely.....Interim Associate Pastor
- Steve Emery.....Music Director, Bell Choir Dir.
- Lisa Cinciripini.....Office Administrator
- Kristie Lowery .....Office Assistant
- Linda Cuddahy .....Nursery Caregiver



**DEADLINE FOR SUBMITTING MAILING ARTICLES FOR THE DECEMBER MAILING IS**  
**\*\*\*MONDAY, NOVEMBER 16\*\*\***  
**PLEASE INCLUDE ANY INFORMATION FOR ALL OF DECEMBER AND THE FIRST THREE WEEKS IN JANUARY**



# A taste of history

Add a yummy, authentic touch to your Thanksgiving meal with this recipe.



### What you need:

- 2/3 cup heavy cream
- pint jar with lid
- strainer
- bowl
- container
- salt



### What you do:

1. Pour cream into the jar and close the lid tightly.
2. Shake vigorously about 8 minutes, until a solid lump of butter forms. (Take turns with a friend!)
3. Strain the contents, catching the buttermilk in a bowl to save for another recipe.
4. Put the butter in a container. Add salt to taste.
5. After chilling the butter, enjoy on fresh bread.

# Puzzle!

Write the words below in alphabetical order inside the squares. Then read down the second column to discover the sentence that begins and ends Psalms 146, 147, 148, 149 and 150.

FEAST  
KHAKI  
MOUTH  
ESSAY  
LLAMA  
ORBIT  
CARRY  
UDDER  
BRUSH  
ITEMS  
APPLE  
LEARN  
CIDER

A				



Answer:

----- !

Answer: Praise the LORD!