

May 2023

Table of Contents

Pastor Letter	2
Zwingli Summer Sunday Socials	5
Plant Sale	6
Still Going Strong	7
Circle of Sisters Book Club	7
Children's Bell Choir	8
Prayer Circle	9
Yard Sale	10
Healthy News	11
DEI Team	14
Missions	17
Adult Electives	20
Youth Mission Trip	21
LYFT/VBS	22
Sunday School/Teacher Appreciation	23
Graduate Recognition	24
General Fund Budget Helpers	25
Zwingli Nursery School	27
Volunteer Schedule	28
Birthdays of the Month!	31
Jokes/Bible Quiz	32
Puzzle	34



ZWINGLI HILL NEWS May 2023 Volume 61 No. #4

For most of my life, I've been a winter person. I loved the cold weather, wearing sweaters and sweatshirts, the beauty of the snow and how quiet the world seemed during a snowfall. As I've gotten older, cold weather is not as enjoyable, shoveling and blowing the snow not so fun, and driving in the snow certainly more difficult (even with four-wheel drive). Spring and Fall are now my favorite seasons. I love the change of colors and the crispness in the air during fall. The Spring brings warmer, yet not too warm, temperatures, and the brilliance of the colors of the flowers and buds on many a tree, plant or flower makes me feel alive and grateful.

The church has seasons too. Advent, Epiphany, Lent, Easter/Eastertide, and Pentecost. They mark the year in a different way, focusing our attention on the stories of Jesus, the church and different aspects of our faith. In Advent we prepare for Christ's coming — as a baby, in our hearts and Christ coming again. Epiphany and the Sundays after offer stories of how Jesus and his purpose are made manifest, or become clearer, like when the wise one's visited the Christ child, or when we celebrate Christ's (and our) baptism. Lent is a time of preparation too, a 40-day journey of reflection as we move toward Jesus' passion and death. In Lent, we focus on renewal, spiritual disciplines, and repentance. Easter celebrates resurrection and new life and for many is the pinnacle of our church year. On Pentecost, we give thanks for the gift of the Spirit. In the Sundays after we give attention to the life and ministry of Jesus, as well as how our faith

is to mature and be focused on God's call for us as individuals and the church. When I was younger, our church didn't give any attention to the seasons. When I began attending a church that did, it made my faith life richer.

We are still in the season of Eastertide, as we hear story after story about the resurrection, or scripture that move us toward Christ's relationship with us as Shepherd or the implications of resurrection life for the church. We've given, or will give, witness to that new life on Easter day with the Sunrise and 9:00am services, with baptisms in April and coming up mid-May, by getting the grounds ready for the explosion of color and growth and getting a new playground ready for children to enjoy. Pentecost is nearing, when we celebrate the birth of the church and the presence of the Spirit in our lives. The Spirit will be alive on Pentecost Sunday, when six youth will be confirming their faith, and in the Sundays after when we'll be led by the laity of the church in worship on June 4, or when eight youth will be heading to a mission trip in Ohio, or when we gather with Trinity UCC and residents at our service in Perkasie Park. The Spirit will move in so many other ways, so it's up to us to pay attention!

The Sundays after Pentecost, or Ordinary Time, is a long season that lasts until the beginning of Advent, with a few special Sundays thrown in. It's a time to listen more intently to the scripture witness, to deepen or faith even further, and to learn how best to be Christ's body in the world. In fact, listening, deepening, learning, witnessing, and serving are important tasks throughout the year. After all, as St. Teresa of Avila once said, *Christ has no body now but yours*.

No hands, no feet on earth but yours. Yours are the eyes through which He looks compassion on this world. Yours are the feet with which He walks to do good.

Yours are the hands with which He blesses all the world. Yours are the hands. Yours are the feet. Yours are the eyes. You are His body.



ZWINGLI SUMMER SUNDAY SOCIALS May 28 from 1 – 4 pm

Once a month from May-September on a Sunday afternoon, join us for fellowship at local wineries/breweries. This year we will try a few different wineries and a brewery! We will enjoy good conversation, live music, tasty wine/beer, and the great outdoors!

Bring a snack to share and a lawn chair or blanket to sit on. Food trucks are there if you prefer to purchase something to eat. No outside alcohol permitted, but water and soft drinks are fine to bring.

No need to sign up, just show up. We will set up as group. Look for the purple canopy out in the field!

This event is open to all ages and friendly dogs are welcome.

Cost: Whatever you choose to buy. There is no cover charge.

Dates/Places:

May 28 – Bishops Winery, 2730 Hilltown Pike, Perkasie, PA 18944 June 25 – Adello's Winery, 21 Simmons Rd, Perkiomenville, PA

18074

July 23 – Bucks County Brewery, 31 Appletree Ln, Pipersville, PA 18947

August 20 – Vino by Zzino Winery, 1410 Fels Rd, Quakertown, PA 18951

September 17 – Bishop's Winery, 2730 Hilltown Pike, Perkasie, PA 18944

Time: 1-4 pm

See Lisa Cinciripini with questions.



PLANT SALE

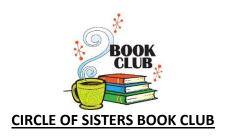
May is almost here! Time to clean out those flower beds, and take the extra seedlings over to Cherry Lane. The plant sale will start May 1 and last all month. Plants will be accepted beginning April 30. Proceeds this year will go to the youth mission trip. Thank you,

Pam



STILL GOING STRONG

The next SGS meeting is on May 4 at noon. Lois Hunsicker will be giving a brief review of her and Lee's Vietnam/Cambodia trip. Lee and Lois are scheduled to give a lengthier presentation in the Fall for Adult Electives. Bring your bagged lunch. See you at noon.



Our next selection will be "Inspired" by Rachel Held Evans

If the Bible isn't a science book or an instruction manual, what is it? What do people mean when they say the Bible is inspired? When *New York Times* bestselling author Rachel Held Evans found herself asking these questions, she embarked on a journey to better understand what the Bible is and how it's meant to be read. What she discovered changed her--and it can change you, too.

Drawing on the best in biblical scholarship and using her well-honed literary expertise, Evans examines some of our favorite Bible stories and possible interpretations, retelling them through memoir, original poetry, short stories, and even a short screenplay.

Undaunted by the Bible's most difficult passages and unafraid to ask the hard questions, Evans wrestles through the process of doubting, imagining, and debating the mysteries surrounding Scripture. Discover alongside Evans that the Bible is not a static text, but a living, breathing, captivating, and confounding book that can equip us and inspire us to join God's loving and redemptive work in the world.

Circle of Sisters Meeting Details

Date: Wednesday, May 31

Time: 7 pm

Place: Zwingli UCC - Youth Room

Don't like to read? No problem! Come and enjoy the Circle of Sisters community. Bring your friends and enjoy a great time! Contact Toni Kramlik at tonikramlik@yahoo.com or 267-421-7087 with your book club questions.



On Sunday, March 19, the children were introduced to the bells and asked if they would be interested in joining the Children's Bell Choir. We are following up with you to see if your child(ren) could participate? The Bell Choir is for children 6 years old on up. If you weren't here on the 19th, no problem, we would still love for you to participate!

Rehearsals would be from 10:20 am - 10:40 am on the following Sundays:

Sunday, May 14 Sunday, May 21 Target Performance Date: Sunday, June 4 at 9 am worship service.

This is a short-term commitment that will enrich our worship service by praising God through music.

Steve Emery and Laurie Reynolds will be working with the children. Join us for a great opportunity to explore music!

Please email the church office at office@zwingli.org if your child(ren) can participate.



WEDNESDAY PRAYER CIRCLE

We will meet for Prayer Circle with Pastor Alan or Pastor Butch each Wednesday of the month from 12:00 to 12:30. The zoom invitation will be sent ahead of time.

We feel that heartfelt communal prayer is especially needed on a consistent basis as we continue to deal with individual, family and church concerns, the pandemics of COVID 19 and racism, as well as other societal issues and direction.



ZWINGLI YARD SALE!!!!!

Sat., June 24 8am – 1:00 pm. This will be an Indoor / Outdoor Sale. Rain or Shine!!

Do you need to declutter! Sign up for the Zwingli Yard Sale. Do you only have a few items? No problem. Drop them off at church. They will be donated to be sold at a general table. The funds from this table will be used to support the Youth Mission Trip to Cleveland, OH.

Interested in making and selling an item – sign up!

COST: \$ 10 for one table space. \$15 for two table space (Paying for table space will go towards Zwingli General Fund)

Questions – contact Joanne Kramlik 215-815-87104 jkramlik@yahoo.com



Healthy Moment

A Guide to Restful Sleep By Kristie Lowery, RN, BS Faith Congregational Nurse

"There upon I awoke and looked, and my sleep was pleasant to me."

Jeremiah 31:26

May is Better Sleep Month, which is dedicated to encouraging people to develop better sleep habits to achieve restful, rejuvenating sleep. Sleep plays a vital role in good health and well-being. Getting enough quality sleep at the right time can help protect mental health, physical health, quality of life, and safety. During sleep, the body is working to support healthy brain function and maintain physical health. In children and teens, sleep also helps support growth and development.

According to the American Sleep Association, over 50 million people have a sleep disorder. Over 35 percent of adults report they receive less than seven hours of sleep during a typical 24-hour period. The damage from sleep deficiency can occur in an instant (such as a car crash), or it can harm over time. The most commonly reported sleep issues include trouble sleeping and staying asleep, not feeling rested upon waking up, daytime fatigue, low appetite, headaches, and mood swings. Studies have shown that developing healthy sleep habits can improve quality of life. Having healthy sleep habits is often

referred to as having good sleep hygiene. Implement these tips to help develop good sleep hygiene.

Don't eat or drink too much before going to sleep. Cutting out eating and drinking, especially sugary foods and caffeinated drinks, right before going to sleep will help to sustain a longer, more peaceful night's sleep. Eating or drinking before falling asleep can cause an upset stomach, multiple overnight bathroom trips, weight gain by consuming calories and not giving the body an opportunity to burn them off, and insomnia. When creating a bedtime routine, establish a 'cutoff point' in the evening for food and drinks to promote a healthier sleep hygiene.

Develop a bedtime routine and stick to it. Developing a bedtime routine helps to tell the brain when it is time to sleep. Giving the brain that cue is a significant factor in achieving restful sleep each night as an active brain will prevent the body from resting and relaxing. To create a bedtime routine, think about things that bring you peace and relaxation, such as reading a book, meditating, taking a soothing bath, etc. Do these things on a nightly basis before going to bed. When this routine becomes habitual, it will let your brain know that it is time to wind down and prepare for sleep,

Create a peaceful sleeping environment. The bedroom should be a dedicated place for rest and relaxation. Taking the time to make the bedroom a sleep sanctuary will pay off big time when it comes to getting better sleep. Consider removing things that can distract you from sleep. Also, ensure that the window blinds or curtains block out light appropriately, the temperature of the room is where you like it, and the bed and pillows promote restful sleep. Reduce daytime napping. Sleeping during the day can be a necessity, but too much of it can prevent restful sleep at night. If napping is needed, set parameters for yourself like no napping late in the day, keeping naps to under one hour, and removing distractions when trying to nap.

Clear the mind before going to bed. A common problem for people is trying to fall asleep when they have a lot on their mind. When the brain is active, it is difficult to tell it to stop and go to sleep. Journaling, meditation, drawing, talking out a problem or an idea, or anything else that can help the mind rest should be added to the bedtime routine.

Exercise regularly. Exercise is one of the best ways to improve sleep and overall health. According to this study, seniors that exercised regularly noted that the amount of time it takes to fall asleep was reduced by nearly 50 percent and that they received an additional 41 minutes of sleep per night. While exercising helps promote healthier sleep, exercising too late in the day can actually keep people awake due to the adrenaline that is created during exercising.

Sleep deprivation can affect your daily routines, causing lack of energy and motivation, and will eventually contribute to symptoms that can cause chronic disease processes. Don't wait for health issues to find you. Evaluate these tips for restful sleep and do what you can do to promote better health and sleep.

References:

Healthy Living, Frederick Hospital News, Frederick Health Services, Posted on May 21, 2019.



DEI TEAM

(Diversity, Equity and Inclusion)

ADDICTION

As we grow in our ONA Covenant, Joanne Kramlik has volunteered to help us learn about addiction issues. Addiction has probably touched someone you know. We want to learn how Zwingli can help and we want to work towards stopping the stigma.

At Zwingli United Church of Christ, we promise to engage and nurture Christ's light in all of God's people, no matter their sexual orientation or gender identity, race or ethnic background, social status, soul injury, religious beliefs, age, and physical, mental, or addiction challenges.

Please watch for more information about addiction. We will be looking into creating a brochure filled with resources; schedule guest speakers at Adult Electives classes, possibly host a support group that is looking for space and promote the Phoenix Program. (see next article)



THE PHOENIX

The Phoenix is a nationwide program and open to anyone in Recovery of addiction with at least 48 hours sobriety. The group meets every Sunday from 1:00 – 3:00 pm at Trinity UCC, Telford. Come for social fun of indoor and outdoor games. There is no charge and no questions asked about recovery. It is not a meeting. The purpose is to build an active, sober community committed to living vibrant lives in recovery. Do you know someone in recovery who might enjoy a social activity? Contact information – Joanne Kramlik 215-815-7104. Or email ikmailtemailt

CAN YOU HELP US LIVE OUT OUR ONA COVENANT?

The DEI Team (formerly, the ONA Implementation Team) seeks short-term volunteers to help us live out our covenant. If you have a particular area of interest or expertise, we would love to have you on our team.

Let us know if you want to help Zwingli educate and advocate for any of the following issues:

- Racial Justice
- Addiction
- Mental/Physical Health Challenges
- Soul Injury

Please see Lisa Cinciripini, Carolyn Leake, Rhonda Moyer, Joan Yeager, or Pastor Alan if you want to volunteer short term.



QUEER PROM DONATIONS

Thank you for your Prom clothing donations! We collected 25 gowns, two pant suits, 2 shawls, and a few pieces of jewelry.

Blessings,
DEI Team
(<u>D</u>iversity, <u>E</u>quity and <u>I</u>nclusion)

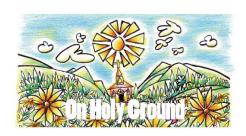


EARTHQUAKE ASSISTANCE UPDATE

In mid February the United Church of Christ issued an appeal to assist those affected by the massive earthquake in Turkey and Syria. Zwingli sent along \$1,895.00 toward that appeal. Thank you to all who helped in that effort.

EMERGENCY CLEANUP BUCKETS

Our recent work at adding to the inventory of Church World Service "Emergency Cleanup Buckets" has come to a close. If you signed up to donate a complete bucket or to donate needed items to fill a bucket, now is the time to bring them in and place them under the display table in the Atrium as soon as possible. At this point we have 16 complete buckets. Way to go.



STRENGTHEN THE CHURCH

On May 28th, Pentecost Sunday, the UCC will be receiving the Strength the Church offering. The funds, through your generosity, will plant new churches, awaken new ideas in existing churches

and develop the spiritual life in our youth and young adults. By your giving, you are building up the Body of Christ.



SPECIAL SERVICE PROJECT FOR GENERAL SYNOD 34

Menstruation is a normal, healthy bodily function for half the world's population. But not everyone who gets a period can afford the hygiene products.

Period poverty affects many in the United States and worldwide who cannot afford menstrual hygiene products.

The United Church of Christ is planning to create menstrual hygiene kits or "period packs" as a <u>General Synod 34</u> service project.

Last fall, <u>Church World Service added period packs</u> to its lineup of emergency service kits. The UCC is partnering with <u>CWS</u> on this Synod mission project. The gathering in Indianapolis, June 30-July 4, provides a larger way to address menstrual justice as the wider church.

The UCC and CWS hopes to collect and assemble kits at General Synod at the Indiana Convention Center, with a goal of amassing 1,000 period packs by July 4. The Synod attendees are invited to bring assembled kits or hygiene items to donate to the service project.

A hygiene kit checklist is below.

Please bring any donated supplies or completed kits to the church by June 25. Pastor Alan is a delegate to the General Synod and will deliver our gifts.

**SUPPLIES NEEDED FOR EACH KIT:

- One 1-gallon Ziploc bag
- Two 2 oz bottle hand sanitizer
- Three 4-gallon bathroom trash bags
- One travel pack of Wet Ones
- Ten unscented tampons
 - (5 regular, 5 super absorbency)
- Ten unscented sanitary napkins
 - (Long super ultra-thin)
- One bath-size bar of soap in the original package
 - o (3 oz bar or larger. NO Ivory or Jergen's soap)
- One pack of flushable wipes
 - (Unscented 42 count)
- Six laundry detergent sheets
 - (Place sheets in small Ziploc bag)

COMPLETE KIT ASSEMBLY TIPS:

Place all items in the plastic bag, remove air, and seal.

All items must be new.

Do not enclose personal notes, money, or extra items in the kits.

** If you shop on Amazon - there are some great prices for bulk quantities of some of these items.

If you chose to make a cash donation, make your check payable to Zwingli UCC and write Period Pack Kits on the memo line or use a pew envelope and note Period Pack Kits.

Thank you!!



May 7 Joint Adult Bible Study led by Charlotte Kramer

May 14 Human Trafficking (presented by Dan Emr, Worthwhile Wear)

Dan Emr is the Executive Director of Worthwhile Wear, which exists to rescue and restore girls from forced prostitution, and more importantly help prevent girls from ever entering it. Human trafficking is the second-largest criminal industry in the world, with over 800,000 people trafficked against their will across international borders each year. For those who escape, many are left with the scarring aftermath of trauma and addiction from being treated like a commodity. Join us as Dan talks about what is happening at Worthwhile Wear and how we can help support their mission to end human trafficking.

May 21 The Will to Understand a Different Perspective (presented by Ken Barnette)

The will to understand other people requires an authentic sensor of fact with reference to as many areas of human life as possible. We are fortunate to have Ken Barnette share his life journey growing up in Pennsylvania as an African-American male. We look forward to you joining us for this very enlightening discussion.

May 28 No Sunday School



WAYS YOU CAN SUPPORT THE YOUTH MISSION TRIP

The total from the Easter Egg Hunt fundraiser has come in and our youth continue fundraising for their mission trip to Cleveland, Ohio this summer.

The youth raised \$142 from the Zwingli Easter Egg Hunt 50/50 raffle. We are grateful for all of those who came out to support the youth.

Our current fundraiser is the Wall of Giving. On the pillars in the atrium, you can find various envelopes with needed cash/check/money order gifts, along with gift card gifts. Please feel free to take an envelope and bring it back and place it in the offering plate next time you worship with us.

Also the youth group has put together an Amazon wish list for the mission trip. You can go donate specific items here:

bit.ly/zwythgrpmtamzn2023

Or scan the QR code:





LYFT ADULT NIGHT OUT

Join other LYFT adults for a night out (without the kids) at Pastor Alan's house on Friday, May 5, 6:30 PM. Pastor Alan will provide the pork roast, you bring a side or dessert to share and of course your beverage (adult or otherwise) of choice.

You can join us by signing up here: https://bit.ly/3KZuK0A



MARK YOUR CALENDAR FOR VACATION BIBLE SCHOOL – LEADERS NEEDED

Vacation Bible School will happen this summer at Little Zion Lutheran Church July 31-Aug 3rd 9 am-Noon. VBS is for Ages 4 (potty trained) - 5th grade. Registration is not yet open, but we are looking for leaders and volunteers in different areas. If you are interested in helping with VBS, please let the church office know.



YOUTH AND CHILDREN'S SUNDAY SCHOOL PLANS

As summer approaches, we want to let you know what is happening with Children's and Youth Sunday School. Children's Sunday School will end for the summer on May 21. Youth Group will continue to meet up to the date we leave for our Mission Trip, July 9. We hope to see you at youth group. And we hope the kids enjoy their summer.



TEACHER APPRECIATION SUNDAY

On May 21st we will be recognizing all of our amazing teachers that have volunteered to teach Sunday School, Youth Group, Adult Elective and Bible Study. Please join us to celebrate our heartfelt appreciation for everyone and what you have done this past year.



KNOW OF ANY ZWINGLI MEMBERS GRADUATING THIS YEAR?

If so, we want to know! Graduation Recognition Sunday is June 18th. Please e-mail Lisa at office@zwingli.org with the name of the graduate, where they're graduating from and what their next plans are (if they're continuing their education where and what are they studying? If they've taken a job, where and what are they doing?). Please submit this information to the church office by Sunday, June 4th.

Graduates please join un on June 18th during worship when we will recognize all your hard work!



IF YOU ARE HOSPITALIZED

Due to HIPAA privacy procedures implemented by all healthcare facilities, it is very difficult for the church to obtain patient information. If you (or a family member) are hospitalized or at a rehab or other health facility, please inform the church office and the pastor(s) directly. This is the only way to guarantee this information will be received by the pastors.



SIMPLE WAYS TO HELP THE GENERAL FUND BUDGET

Grocery Shopping with Gift Cards

By purchasing **store gifts cards** from Zwingli Church on a Sunday morning or throughout the week, instead of paying for groceries directly at the store, **you help contribute 5% of your store spending to the general fund of our church.**

On Sunday mornings or through the church office during the week, you can purchase a \$25, \$50 or \$100 gift card to **Giant Stores, Landis Supermarket, or Shop Rite** and then go grocery shopping. And it will help support the ministry of Zwingli UCC.

Thank you for your participation in this program!



STAY INFORMED

If you want to stay current on what Zwingli Ministries and Council are doing, pick up a Pre-Council Report from the vestibule or contact Lisa in the office for an electronic copy. See the wonderful ideas that are being shared by your leaders!



2023 FLOWER AND BULLETIN SPONSORSHIPS

Would you like to sponsor the flowers in the chancel one Sunday morning or a bulletin?

Chancel flowers are \$44. Bulletins are \$15.

For either/both sponsorship, please pick up a form from the bulletin board next to the office, attach a check and drop off in the office, mail it or drop it in the offering plate. Our mailing address is 350 Wile Avenue, Souderton, PA 18964. We appreciate your support.



Fasageo's Italian Restaurant and Pizzeria Fundraiser

We have partnered with Fasageo's Italian Restaurant and Pizzeria, 724 Ridge Rd., Sellersville, PA for an ongoing fundraiser. Fasageo's will return 10% of any food sales purchased to Zwingli. You just need to inform them when placing your order for dine in, carry out, or delivery that you are a member of Zwingli. It's that simple!



ZWINGLI NURSERY SCHOOL UPDATE

Zwingli Nursery School is now accepting registration for the 2023-24 school year!

Please call the church office, visit www.zwingli.org/zns
or see Lisa Cinciripini for a
registration form.

Classes held Monday, Wednesday and Friday from 9 – 11:30 am

DEADLINE FOR SUBMITTING MAILING ARTICLES FOR THE JUNE MAILING IS MONDAY, MAY 22!

SUNDAY M	IORNING USHERS/GREETERS
May 7	Susie and Dale Woodland
	Rick and Missy Rogers
May 14	Jen Smeed, Miles Smeed
	Pete and Pam Myers
May 21	Charlotte Kramer, Carol Wenger
	Rick and Missy Rogers
May 28	Mike and Jessica Jalboot
	John and Laurie Reynolds
June 4	Larry Moss, Gene Mattes
	Kristie Lowery, Mark Comden
June 11	The Chalmers, Lee and Lois Hunsicker
June 18	Barry and Lois Johnston
	Joan Yeager, Gladys Amsnacher

REFRESHMENTS

May /	Ministry of Elders
May 14	Ministry of Stewards
May 21	Sue Pro, Sandy Schuler
May 28	Betsy Villareal, Myra See
June 4	Ministry of Shepherd
June 11	Marian Eide, Rhonda Moyer
June 18	Gladys Amspacher, Susie Woodland

ACOLYTE

May 7	Madison Klausfelder
May 14	Evan Chalmers
May 21	Jack Beidleman
May 28	Caleb Jalboot

June 4	Adalyn Neff
June 11	Claire Jalboot
June 18	Ryan Chalmers

FACEBOOK MONITOR

May 7	Sue Wack
May 14	Laurie Reynolds
May 21	Tony Villareal
May 28	Tony Villareal
June 4	Toni Kramlik
June 11	Lisa Cinciripini
June 18	Sue Wack

GIFT CARD SALES

May 7	Pam Myers
May 14	Betsy Villareal
May 21	Lisa Cinciripini
May 28	Maureen Hartman
June 4	Pam Myers
June 11	Carol Wenger
June 18	Betsy Villareal

MONEY COUNTERS

Steward of the Month – Rick Rogers

	E L. LUI BULI	
Steward of the Month – Lois Johnston		
May 28	Lois and Barry Johnston	
May 21	Carol and Dave Reiff	
May 14	Joanne Kramlik, Rick Rogers	
May 7	Charlotte Kramer, Carol Wenger	

June 4 Ed and Liz Bibic

June 11 Lee and Lois Hunsicker

June 18 Lois Johnston, Kristie Lowery

Zwingli UCC Staff

Butch Kuykendall, D.Min	Senior Pastor
Alan Miles, M.Div	Associate Pastor
Steve Emery	Director of Music/Organist
Lisa Cinciripini	Office Administrator
Kristie Lowery	Office Assistant

Zwingli United Church of Christ, 350 Wile Avenue, Souderton, PA

Phone: 215-723-1186 Fax: 215-723-5402

www.zwingli.org

office@zwingli.org

Office Hours

M- TH: 8:30-4:30, F: 8:30 – 3:30 Closed Daily 12-1

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ONA COVENANT

At Zwingli United Church of Christ, we promise to engage and nurture Christ's light in all of God's people, no matter their sexual orientation or gender identity, race or ethnic background, social status, soul injury, religious beliefs, age, and physical, mental, or addiction challenges.

We aspire to be a counterweight to exclusion and discrimination. We choose to purposefully welcome and include all people in every aspect of our church family including worship, fellowship, and leadership, lay and ordained, and will meet you where you are on life's journey to share God's love with you. It is our commitment that all members should feel and be safe, as we express God's universal and unconditional love in our church, community and daily lives.

9.12.21

Jokes only a mother could love

Why is a computer so smart? *It listens to its motherboard.*

Why did you chop the joke book in half? *Mom said to cut the comedy.*

Why do mother kangaroos hate rainy days? *Because their kids have to play inside!*

What did the mother rope say to her child? "Don't be knotty."

Bible Quiz



According to Peter, at what time of day did the Holy Spirit come upon the disciples on Pentecost?

A. 9 a.m.

B. Noon

C. 3:30 p.m.

D. 9 p.m.

Answer: A (See Acts 2:15.)



Wind, fire & spirit

Acts 2 describes the amazing events of Pentecost, when the apostles received the Holy Spirit.

Directions: The last letter(s) of each word is the beginning letter of the next. Fill in the missing words to complete Acts 2:1-4, NIV.

1. HEAV

→ 6. OGETHE

2. ABLE	7. ES
3. AY OF PENTECOS	8. ONGUE
4. ONGUE	9. A
5. PIRI	10. IND
"When the	came, they were all
in one place. Suddenly	a sound like the blowing of a
violent came from	and filled the whole
house where they were sitting. The	•
of fire that separated an	d came to on each
of them. All of them were filled with	the Holy and began
to speak in other as th	
ACTS 2:1-4	